



www.TallCopSaysStop.com



Ben Gillenwater

SPEAKER & COACH

MEDIA KIT

Hi. I'm Ben!

SPEAKER & COACH

Hi, I'm Ben Gillenwater, a 30-year cybersecurity expert and dad on a mission to help families navigate the digital world safely.

My journey into youth digital safety began when I gave my young son a "kid-safe" iPad and quickly discovered, despite my own technical background, how easily inappropriate content and addictive design features can slip through. That experience opened my eyes to a reality many parents face: even with the best intentions, keeping kids safe online is far more complex than it appears.

Today, I work with schools, law enforcement, educators, counselors, and community organizations to answer the questions families are actually asking about kids and technology. Through my company, Family IT Guy, I help professionals understand the platforms and behaviors that put kids at risk, communicate more effectively with overwhelmed parents, and recognize early warning signs that a child may be in trouble. Before focusing on youth digital safety, I spent three decades in enterprise technology, including serving as Chief Technologist for Northrop Grumman's \$10 billion IT business supporting the NSA and Department of Defense. I bring that deep technical experience into a field where families often receive advice that is either too vague to be useful or too alarmist to act on bridging that gap with practical, real-world guidance that people can actually use.



SPEAKING TOPICS



- ✓ Understanding Today's Digital Landscape for Kids
- ✓ Online Risks, Red Flags & Digital Exploitation
- ✓ Practical Digital Parenting & School Safety Strategies
- ✓ Tech, Mental Health & the Addictive Design of Devices

FEATURED MEDIA

[Family IT Guy Podcast](#)

[The Digital Danger Zone: Understanding the Real Risks](#)

[Relatable with Allie Beth Stuckey Cyber security Expert Reveals Shocking Truth about Parental Controls](#)

Client Testimonial

“

Ben Gillenwater's presentation was incredibly clear, practical, and easy to understand. He broke down complex tech issues in a way that made sense for parents and educators, and gave us tools we could use right away. It was eye-opening, relevant, and sparked important conversations about keeping kids safe online.

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TALL COP SPEAKERS NETWORK



Ben Gillenwater brings deep technical expertise and real-world cybersecurity experience to the Tall Cop Speakers Network, helping bridge the gap between complex technology and everyday family safety. With 30 years in enterprise IT and a background as Chief Technologist for a major defense contractor, he translates digital risks into clear, practical guidance that educators, law enforcement, and community professionals can actually use. His focus on youth online safety strengthens the network's mission by addressing one of today's most urgent prevention challenges: helping adults understand and respond to the digital environments shaping kids' lives.



AUDIENCE

- Parents and Caregivers
- Professionals
- Community Organizations
- Corporate Employee Assistance Programs

SERVICES

- Virtual
- In-Person Training

CLASSES

- AI and Kids: The Questions Parents Professionals Will Ask Next
- What Parents and Professionals Need to Know
- About Kids on the Internet

Virtual
&
In-Person Training

Contact us for Rates
marla@tallcopsaysstop.com



WHO I WORK WITH

I work with schools, educators, counselors, law enforcement, and community organizations focused on youth and family well-being. I also support parents and caregivers who are trying to better understand the digital world their kids are growing up in. My goal is to equip both professionals and families with practical, real-world tools to keep kids safer online.

WHAT YOU CAN EXPECT

You can expect practical, clear, and immediately usable guidance on how kids are interacting with technology today. My presentations break down complex digital risks into simple, understandable terms while showing what families and professionals can actually do about them. Attendees leave with real tools, actionable strategies, and a better understanding of how to help kids stay safer and healthier in an online world.



GET IN TOUCH

If you're looking to bring real-world insight and practical prevention education to your school assembly, professional development, or community event, reach out and book me through the Tall Cop Speakers Network. I'd love to connect and support your team.



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marla@TallCopSaysStop.com

Ben