



www.TallCopSaysStop.com



Ashley Stallings

SPEAKER & COACH

MEDIA KIT

Hi. I'm Ashley!

SPEAKER & COACH

As the Co-Founder and Executive Director of the Upper Valley Child Advocacy Center, I have spent more than a decade working alongside law enforcement, prosecutors, child protection professionals, and multidisciplinary teams to improve the response to child maltreatment investigations. My work is centered on creating child-focused systems that promote collaboration, accountability, and healing for children and families.

I am also the founder of Audibly Ashley, where I train professionals on trauma-informed leadership, burnout prevention, and building resilient teams. Through practical, evidence-informed strategies, I help organizations strengthen workplace culture, support employee well-being, and create sustainable systems that allow professionals to continue serving others without sacrificing themselves.

As a national speaker, I present to child advocacy centers, nonprofits, multidisciplinary teams, law enforcement agencies, and helping professionals across the country. I deliver engaging keynotes, leadership workshops, and professional trainings that combine real-world experience with actionable solutions audiences can immediately apply.

I am also the creator of the HopeWorks Professional Series, a four-part training designed to address burnout through organizational culture, systems change, and policy-level solutions. My goal is to inspire leaders and professionals to build resilient teams, foster healthier workplaces, and create environments where both those who serve and those they serve can flourish.





FEATURED MEDIA

Conference Speaker Spotlight

The Burnout Expert Who Almost
Quit: What Self-Trust Actually
Looks Like When Everything Falls
Apart with Ashley Stallings

Letting Go: Embracing Life's Beautiful
Chaos with Ashley Stallings

SPEAKING TOPICS

- HOPE: Healthy Outcomes from Positive Childhood Experiences
- (Ashley was trained by Tufts Medical Center in the HOPE Framework)
- The impact of Adverse Childhood Experiences (ACEs) and long-term outcomes
- The role of Positive Childhood Experiences (PCEs) in building resilience
- The HOPE (Healthy Outcomes from Positive Experiences) framework and real-world application
- How relationships and environments shape child development and behavior
- Understanding Type 1 and Type 2 thinking and how they influence interactions with

Client Testimonial

“

Ashley Stallings delivers more than a message she delivers a renewed sense of purpose. Her authenticity, expertise, and practical approach to trauma-informed leadership and burnout prevention inspired our team to think differently about how we support both the people we serve and the professionals doing the work.

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Ashley Stallings

TALL COP SPEAKERS NETWORK



I believe that supporting children begins with supporting the professionals who serve them. Throughout my career, I have been committed to strengthening multidisciplinary teams, advancing child advocacy, and equipping helping professionals with the tools they need to thrive in demanding, high-impact careers. My goal is to inspire leaders and professionals to build resilient teams, foster healthier workplaces, and create environments where both those who serve and those they serve can flourish.



AUDIENCE

- Multidisciplinary teams
- Law Enforcement,
- Juvenile justice professionals
- CAC staff,
- Educators
- Youth-serving organizations
- Youth

Virtual
&
In-Person Training

Contact us for Rates
marla@tallcopsaysstop.com

CLASSES

- The Connection Factor: HOPE for Youth-Serving Professionals
- Everyday interactions that help youth feel seen, regulated, and supported
- Leading with HOPE: Building Resilient Organizations
- You Matter More Than You Think: HOPE for Youth



WHO I WORK WITH

I am dedicated to improving outcomes for children and families. I also work with helping professionals and leaders to strengthen trauma-informed practices, prevent burnout, and build resilient teams. Through keynotes, leadership workshops, and professional trainings, I provide practical tools that enhance collaboration, strengthen workplace culture, and help both professionals and the children they serve thrive.

WHAT YOU CAN EXPECT

When you invite me to speak, you can expect an engaging, authentic, and practical experience. My presentations combine real-world expertise, relatable stories, and actionable strategies that audiences can immediately apply in their work and lives. Whether I'm delivering a keynote or leading a workshop, participants leave feeling inspired, equipped, and better prepared to support children, strengthen teams, and create lasting change.



GET IN TOUCH

If you're looking to bring real-world insight and practical prevention education to, professional development, or community event, reach out and book me through the Tall Cop Speakers Network. I'd love to connect and support your team.



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